

Name: \_\_\_\_\_

Directions: Ask the following questions to a parent/guardian or health professional (i.e. personal trainer at health club, nurse, physical therapist, doctor, PE teacher) and record their answers as completely as possible. Each question is worth 2 points. Use the back of this sheet if you need more room to answer.

Name of Person Interviewed: \_\_\_\_\_

1. What was your middle school/junior high physical education class like? Describe a few key memories.

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2. How do you think middle school/junior high physical education has changed since you attended?

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3. What do you think is the importance of physical education during adolescence? (i.e. How does it help?)

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